

Coming Together for Perry County

On Tuesday, August 25th, an incredible collaborative effort brought together United Way, the Southeast Ohio Foodbank, Perry County Health Department, and Perry County Commissioners Relief on Wheels (PCROW) to provide much-needed support to communities impacted by the recent flooding. With an amazing team of volunteers, **40 pallets of food and cleaning supplies donated by Walmart** were broken down, packed into individual household boxes, and delivered directly to communities in need. Guernsey-Muskingum Electric Cooperative provided tremendous assistance with the delivery effort by supplying a flatbed truck and trailer, while Subway of New Lexington generously provided lunch for the hardworking volunteers. This effort was a wonderful example of what can be accomplished when organizations, businesses, and community members come together with a shared purpose.

It was truly a community effort—from the organizations coordinating resources, to the businesses providing support, to every volunteer who lifted a box, packed supplies, loaded a truck, or made a delivery. **This is what Perry County does best: neighbors helping neighbors when it matters most.**

Please enjoy these photos provided by **Perry County Commissioners Relief on Wheels** highlighting their continued efforts to serve our community throughout this crisis. PCROW was established to assist with gathering and distributing aid to those impacted by the flooding and continues to play an important role in local recovery efforts. To follow their ongoing work and see additional coverage of flood response efforts throughout Perry County, be sure to visit their [Facebook](#) page for continued updates.

We extend a heartfelt **thank you to every organization, business, volunteer, and community member** who has stepped up during this crisis. Your generosity, hard work, and compassion continue to make a difference for Perry County.





PCHD Staff Participate in Naloxone Training

PCHD Health Educator **Lesa Garey** recently provided Naloxone (Narcan) training to Perry County Health Department staff, helping ensure our team is prepared to recognize and respond to a suspected opioid overdose. Staff learned how to identify the signs of an overdose, properly administer Naloxone, and take appropriate steps during an emergency. Trainings like this help equip our staff—and our community—with the knowledge and confidence to respond when every second matters.

Interested in learning how to properly use Naloxone (Narcan)? Contact Lesa Garey at **740-342-5179** to learn more about available training and resources.





A "Super" Cause for Our Community!

PCHD Environmental Health Director **Cary Bowers** recently joined in the fun to support the United Way of Muskingum, Morgan, and Perry Counties' "Favorite Community Superhero" fundraiser! The campaign brought a little friendly competition to the community while raising funds to support a great cause. We're always proud to see members of the PCHD team getting involved and supporting organizations that make a difference across our communities.

Way to represent PCHD, Cary!



Need a mammogram?

The James Mobile Mammography unit of The Ohio State University Comprehensive Cancer Center - James Cancer Hospital and Solove Research Institute (OSUCCC - James) has been screening women for breast cancer since 1988. The unit crisscrosses Ohio, parking and setting up its mobile breast cancer screening practice at companies, county health offices, at festivals and many other places and events.

The mobile unit will be at Perry County Health Department on September 9th. Call 740-342-5179 to set up an appointment.



Welcome to PCHD, Matthew Metzger!

The Perry County Health Department is excited to welcome **Matthew "Matt" Metzger** as a Registered Environmental Health Specialist In-Training! Matt joins PCHD with previous experience serving at the Meigs County Health Department and recently made the move to Perry County. We're excited to have Matt bring his experience and knowledge to our team as he begins serving the residents and communities of Perry County. Please join us in giving Matt a warm welcome to PCHD and Perry County—we're glad to have you on the team!



"Hello! My name is Matthew Metzger and I am the new Registered Environmental Health Sanitarian in Training. I graduated from Ohio University in 2025 where I studied geological sciences. Since then, I have interned with the Ohio EPA in the division of drinking and groundwater and had employment at the Meigs County Health Department. I enjoy playing pickleball and disk golf with my spare time, and am learning to play a musical instrument. I look forward to learning about the septic program and help Perry County residents get systems installed that will work for them."



Welcome to PCHD, Abigail West!

The Perry County Health Department is excited to welcome **Abigail West** to our Health Education Division as our new **Child Injury Prevention Coordinator**! In her new role, Abigail will help support PCHD's efforts to promote the health, safety, and well-being of children and families throughout Perry County through education, outreach, and injury prevention initiatives.

"I'm excited to be joining the Health Department as a Health Educator! Outside of work, I enjoy spending time with family and friends, being outdoors, baking, and traveling to new places. I love helping people and I am always looking for new opportunities to learn and grow!"

We're excited to have Abigail join the PCHD family and look forward to all the great things she will bring to our team and community.



PCHD at the Perry County Fair!

PCHD had a great time connecting with our community at this year's **Perry County Fair!** Throughout fair week, our team offered a variety of free resources and services to help fairgoers stay healthy, safe, and comfortable while enjoying all the fair had to offer. Visitors could stop by for **free water**, **CPR and First Aid training**, **tick and mosquito prevention information**, **giveaways**, and other helpful public health resources. Thank you to everyone who stopped by to visit with our team—we loved seeing so many familiar faces and having another opportunity to serve Perry County outside the walls of the Health Department!





PCHD at the Perry County Fair!



We were proud to provide an air-conditioned tent featuring a private, welcoming space for breastfeeding mothers and their little ones. The tent offered families a quiet place to step away from the summer heat, cool down, feed and care for their babies, and take a well-deserved break from the excitement of the fair. By creating family-friendly spaces like this, PCHD continues to support parents and little ones wherever they are in our community.

Building Lifesaving Skills at the Fair

PCHD Emergency Preparedness Coordinator **Jim Mickey** brought hands-on learning to the Perry County Fair by providing **CPR and First Aid training** to fairgoers throughout the week. These important skills can make all the difference when an emergency happens, and Jim gave community members the opportunity to learn and practice techniques that could one day help save a life. Even our own PCHD staff got in on the training! Jim took time to demonstrate CPR and First Aid skills with **Director of Administrative Services Ashley Champ** and **Administrative Services Coordinator Hannah Bragg**. It was a great opportunity to combine community outreach, education, and a little hands-on practice while helping Perry County become better prepared for an emergency!





🌱 Introducing Start Safe, Grow Strong! 🌱

The Perry County Health Department is excited to introduce **Start Safe, Grow Strong**, a program dedicated to giving Perry County's children and families the support they need for a healthy and safe start. Through this initiative, PCHD brings together several important services in one place, including:

- safe sleep education
- free Pack 'n Plays for qualifying families
- childhood immunizations from birth through age 18
- free convertible car seats and boosters for qualifying families
- car seat safety checks
- one-on-one breastfeeding support with a Certified Breastfeeding Specialist.

Our goal is simple: to connect families with education, resources, and support that help little ones **start safe, grow strong, and build healthy futures!** ❤️ Families interested in learning more about these services or eligibility can contact PCHD at **740-342-5179**.





Public Health
Prevent. Promote. Protect.

Perry County
Health Department



OhioHealth Wellness on Wheels

Accepting new patients for Primary Care, Pediatrics, Women's Health and Obstetrics

Available every Thursday at the Perry County Health Department
9am-3pm

Call to schedule today: 740-331-7373

Wellness on Wheels is Rolling into Perry County!

Quality healthcare is closer than you think! **OhioHealth's Wellness on Wheels Mobile Unit** is now welcoming new patients at the Perry County Health Department every **Thursday from 9:00 AM to 3:00 PM.**

The mobile unit brings convenient access to **primary care, pediatrics, women's health, and obstetric services** right here in Perry County. Whether you're due for a wellness check, need routine or preventive care, are looking for pediatric services for your child, or need support throughout your pregnancy, the Wellness on Wheels team is ready to help.



 **Perry County Health Department**



Every Thursday



9:00 AM - 3:00 PM



Appointments: 740-331-7373



Bringing healthcare closer to the communities we serve is something worth celebrating. **Healthcare is on the move—and it's headed your way!**  

Double Tap—PCHD is on Instagram!

The Perry County Health Department is now on **Instagram**, giving you one more way to keep up with everything happening at PCHD and throughout our community. From upcoming events and helpful health tips to community resources, program highlights, staff spotlights, and a peek behind the scenes, there's always something worth sharing! **Follow along, give us a like, tag us, and share our posts with your friends and family.** We're excited to connect with Perry County in a whole new way—so come find us and give us a follow!



Health Department Birthdays:

Cary Bowers, Director of Environmental Health – Sept. 9th
Kaylin Wellspring, Environmental Admin. Assistant - Sept. 30th
Bailey Vandagriff, Public Health Nurse - Oct. 27th
Josh McClure, Registered Environmental Health Specialist - Oct. 28th
Chad Seurkamp, Fiscal Coordinator - Nov. 9th
Jim Mickey - November

Important Dates:

Sept. 7th: Labor Day - Office Closed

Sept. 9th: James Cancer Center Mobile Mammography Van at PCHD

Oct. 12th: Columbus Day - Office Closed

Oct. 26th: James Cancer Center Mobile Mammography Van at PCHD

Nov. 11th: Veterans Day - Office Closed

Nov. 26th and 27th: Thanksgiving - Office Closed

